



Cardiff
Metropolitan
University

Prifysgol
Metropolitan
Caerdydd

The Specialist Speech Clinic

Who is the Clinic for?

Children aged 3+ and adults* who are presenting with complex and/or persistent Speech Sound Disorder that has been resistant to intervention. Please see our [referral criteria](#) for further details.

* Please note we are unable to accept referrals for Acquired Motor Speech Disorders in adults e.g. following stroke or progressive neurological conditions.

What does the Clinic provide?

- Second opinions by a Highly Specialist Speech and Language Therapist with regards to differential diagnosis and therapy recommendations. Assessment may include the use of instrumental assessment tools such as Ultrasound Imaging as appropriate.
- Summary report and an in depth Therapy Management Plan, containing evidence based recommendations in line with RCSLT guidance, mapped to the individual's differential diagnosis.
- Guidance and training (as appropriate) for Local Speech and Language Therapists to support them to deliver the Therapy Management Plan.
- Opportunity to give consent for assessment data to be used for research relating to individuals with complex/and or persistent Speech Sound Disorders.

How to refer

- Check the individual meets our **referral criteria**
- Complete referral form and supporting documents found **[here](#)**
- Referrals must be completed by or in conjunction with a Speech and Language Therapist
- Email completed referral form and supporting documents to **thespecialistspeechclinic@cardiffmet.ac.uk**

FAQs

Where is the clinic based?

The clinic is based at Cardiff Metropolitan University, referrals are accepted from all over the UK and the Republic of Ireland as long as you are able to travel to the clinic.

Is there a cost to be seen at the clinic?

At present there is no cost to be seen at the clinic.

Does the clinic offer therapy sessions?

At present the clinic offers assessment and detailed advice only however therapy sessions may be considered on an individual, case by case basis.

What does the Clinic diagnose?

- Articulation Disorder
- Phonological Delay
- Consistent Phonological Disorder
- Inconsistent Phonological Disorder
- Phonological Awareness Difficulties
- Speech Processing Difficulties
- Childhood Apraxia of Speech
- Dysarthria

What therapy approaches does the Clinic recommend?

The clinic makes recommendations in line with the RCSLT Clinical Guidance for Speech Sound Disorders. This may include:

- Articulation Therapy
- Stimulability Therapy
- Minimal Pairs
- Maximal Pairs
- Multiple Oppositions
- Empty Set
- 2/3 Element Clusters
- Core Vocabulary Therapy
- Phonological Awareness Intervention
- Dynamic, Temporal and Tactile Cueing (DTTC)
- Nuffield Dyspraxia Programme
- Rapid Syllable Transition Treatment (ReST)
- Ultrasound Biofeedback
- Speech Subsystems Approach

The clinic does not recommend therapy approaches where there is no, or a limited, evidence base.



Contact

✉ thespecialistspeechclinic@cardiffmet.ac.uk

**The Specialist
Speech Clinic**
Cardiff Metropolitan
University
Llandaff Campus
Western Avenue
Cardiff, CF5 2YB

